

# The Chronicle

YOUR SOURCE FOR COMMUNITY NEWS IN LUCAS

ISSUE 13 | SPRING 24

## From little things...

BIG THINGS ARE GROWING AT SIENA PRIMARY

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## In this edition

Celebrating 10 Years of Health Service

50,000 Sandwiches Delivered

Lucas Waterways Tour

National Tree Planting Day

\$1M Boost to Hub Upgrade

Two New Clubhouses

Container Deposit Scheme

Lucas Primary Yarning Circle

2 Years of Coffee Catch Ups

and more!

For more information visit

[www.lucasballarat.com.au/community/news](http://www.lucasballarat.com.au/community/news)

We acknowledge the Wadawurrung people and their ancestors who have been custodians of the Ballarat area for thousands of years performing age old Cultural ceremonies, celebrations and traditions. We would also like to acknowledge and pay our respects to Elders past, present and emerging.

This edition of  
**The Chronicle**

PROUDLY BROUGHT TO  
YOU BY  
**Integra**  
*a better lifestyle*

This newsletter is compiled by Integra with stories from our community – many community organisations and individuals work together to contribute and you can too – send your stories for consideration to [community@integragroup.com.au](mailto:community@integragroup.com.au)



### **Mondays**

**Ageing Well Dance Class**

10.30am Lucas Community Hub  
Booking Required call 5320 56 37

### **Tuesdays**

**Library Outreach**

Tuesday from 10am to 12pm at  
the hub - Storytime at 10:30am

### **Thursdays**

**Dog- Friendly Walking Group**

10am-11am  
Meet outside BCH Lucas in rear  
carpark at 10am

### **Coming Soon**

**Lucas Little Aths**

### **Lucas Art Show**

9th & 10th Nov  
Lucas Lifestyle Estate





## Two years of coffees and catch up's

The Lucas community over 60's social group has now been established for over two years.

As new residents are steadily moving into our area, we get to meet them and make them feel part of our warm, welcoming Group.

We are a relaxed and happy group, with great conversation and plenty of support to all. We do, from time to time, have very good speakers from the Ballarat Community, who always impart great ideas and connections to other activities in the Ballarat community. Good friendships are made along the way, with activities being instigated amongst our Members.

We meet every second Tuesday at 10am at the Ballarat Golf Club, Sturt Street, Alfredton, for Coffee and Catch-up.

So don't be shy – you can be assured of a warm and nurturing welcome. We would love to see some new faces!

For further information, please contact Jan Brodie on Phone:- 0413 496 032.



### Dog-Friendly Walking Group

Thursday 10:00 – 11:00

Meet outside BCH Lucas (12 Lilburne Street) in rear car park at 10 am

Dogs on leads are very welcome

### Did you know?

Anyone can suggest an intersection or a section of road they believe should be considered for a safety upgrade...

For additional information on the Black Spot Program or to nominate a black spot in Lucas, community members are encouraged to visit [investment.infrastructure.gov.au/funding/blackspots](https://investment.infrastructure.gov.au/funding/blackspots).





# Celebrating 10 Years of Service: Ballarat Community Health at Lucas

Ballarat Community Health (BCH) is thrilled to celebrate a significant milestone – 10 years of dedicated service and operation from their flagship site in Lucas. Located at 12 Lilburne Street, Lucas, this building has been a cornerstone of healthcare in the western region of Ballarat, serving tens of thousands of clients over the past decade.

The Lucas site has not only been essential to BCH's operations but has also become a major healthcare provider and a vital part of the community. In June 2012 a proposal to build a new site in the west of Ballarat was pitched with the idea being it would be in the western growth corridor ... this is a few months before the government had released the plans for the western growth corridor growth area, another 50,000 increase in population and staged planning. The site in Lucas was green and at the start of the growth area, and from a transport perspective, it was right on the edge of the proposed ring road as well as having the significance of being on the Avenue of Honour. These factors along with endless more came to an 800-page due diligence report on why BCH purchased the block of land.

The Lucas project is a testament to the enduring presence of Ballarat Community Health which has been on the community for 43 years. Architects were selected from a competitive field and Melbourne firm DesignInc. was the successful tenderer. This state-of-the-art building incorporates environmental and health promoting features such as recycled materials, natural light, climate control, open space, and indoor plants to add to the aesthetics and low carbon footprint. The ground floor includes a welcoming reception area, gymnasium, café, community kitchen, child play space, multipurpose event and meeting room plus plenty of private rooms for consultations.





In July 2013 local Ballarat firm Nicholson Construction was selected as the preferred builder for its environmental capabilities, use of local materials and costings. When the building was completed, 93 percent of the trades, supplies and materials were from Ballarat or the region. Only specialist items such as lifts not available in Australia came from overseas. By June 2014, The Lucas building was ready to be opened – an incredible achievement to have these works completed in under a year. The official opening took place on 23rd July 2014 with more than 500 invited guests and visitors.

Lucas is now the flagship site of Ballarat Community Health with 5 other locations in Ballarat being, Howitt St Wendouree, Cooina Wendouree, Vickers St Sebastopol, Victoria St Bakery Hill and Headspace Ballarat. The design and quality of the building were more broadly recognised in 2015 winning the Victorian Architecture Awards: Regional Prize for the Best Regional Building, and Nicholson Construction was awarded Regional Commercial Builder of the Year for their work.

Fast forward 10 years and Ballarat Community Health now see 530 clients every day across its sites with over 130,000 service events in the past 12 months. Doors are open to everyone in the community.

To commemorate this special occasion, BCH will host a celebratory afternoon tea later in the year. BCH extends a warm invitation to all Lucas residents and the greater community to join them in this celebration with information to come via their social channels over the coming weeks. This event will offer an opportunity to look back on the key milestones and achievements of the past 10 years as well as see their state-of-the-art building and facilities mentioned. BCH will also share their vision for the future, outlining upcoming initiatives designed to continue improving the health and wellbeing of those not only living in Lucas but the entire Ballarat community.





# A Welcome Return to Integra Real Estate

It's nice to welcome a familiar face back to the team and one that comes with so much industry knowledge and expertise is twice as nice. If you have had anything to do with land sales in Lucas and Alfredton over the past decade you are likely to be familiar with the name Luke Armistead.

Luke's integral role within our team during a substantial period of growth in Ballarat's West, has left a lasting impact on the Lucas community. His knack for identifying suitable homesites and delivering valuable outcomes for clients has been instrumental in shaping what a thriving community represents.

Luke's dedication to securing the best results for his clients has earned him a reputation, with many families returning to him for their real estate needs time and again.

When asked about his favourite aspect of working in real estate, Luke shared, "I love working with people, helping them find their forever home and witnessing the joy it brings."

Looking forward, as Integra expands its real estate offerings, including Property Management and Residential Home Sales, Luke's return couldn't be timelier. His profound understanding of the Ballarat property market coupled with a recent residential real estate focus positions him as a valuable asset to our growing team.

When asked what he loves about Ballarat, Luke highlights the city's sense of community and identity. "As Ballarat continues to grow, I love the sense of community and identity we have here. With excellent schooling, a thriving café culture, and the proximity to Melbourne, Ballarat offers all the benefits of regional living with the convenience of big city amenities right on our doorstep."

Regarding his return to Integra, Luke expressed, "It's great to be back at Integra where I have the opportunity to work alongside both our development and real estate teams. This synergy provides unique opportunities to assist clients in a multitude of ways, offering quality options to meet their needs."

Luke's return to the Integra Real Estate Team signifies a renewed commitment to excellence and unparalleled service in the Ballarat real estate market. Whether you're buying, selling, or exploring new development opportunities, Luke is your trusted partner for a successful real estate journey.

Stop by the Integra Sales Centre at 5 Blomeley Drive Lucas to reconnect with Luke.







## Exciting Changes Coming to Lucas Community Garden Amid Hub Expansion

The Lucas Community Garden has recently been rearranged to make way for the Lucas Community Hub expansion project. A temporary fence has been erected and construction works are expected to continue until November.

Please feel free to visit the garden and take a look at what is currently growing. We also have compost bins for anyone to drop off food scraps. Visitors who arrive via the kindergarten carpark will need to make their way around the temporary fencing to access the facilities.

When construction works have ended, the site will be levelled and the garden will expand into its new home. Future plans include a kids gardening area, a sensory zone, facilities for sharing local produce, additional fruit trees and a covered area. It is hoped that the garden will become a space for all to value, share and enjoy.

A welcome is extended to anyone in our community who would like an opportunity to participate, socialise and to feel included in a group activity setting.

The garden is run by a friendly group of local volunteers, and working bees are held during the warmer months. Please get in contact for more information.

[www.facebook.com/lucascommunitygarden](https://www.facebook.com/lucascommunitygarden)

President: Matt Rowbottom, E: [matt@cordigal.com](mailto:matt@cordigal.com)

Ph: 0409 169 357

Garden Manager: Peter Skinner, E: [petersk555@bigpond.com](mailto:petersk555@bigpond.com) Ph: 0417 541 889







## Lucas Lifestyle Estate opens the doors to its new luxurious pavilion

Lucas Lifestyle Estate, is thrilled to announce the grand opening of its new state-of-the-art Pavilion, enriching the vibrant over 50's community. To celebrate the opening, Ballarat Mayor Des Hudson OAM and Serenitas CEO Rob Nichols, cut the ribbon to the Pavilion, delighting homeowners who are reaping the rewards of the new resort-style facilities on offer.

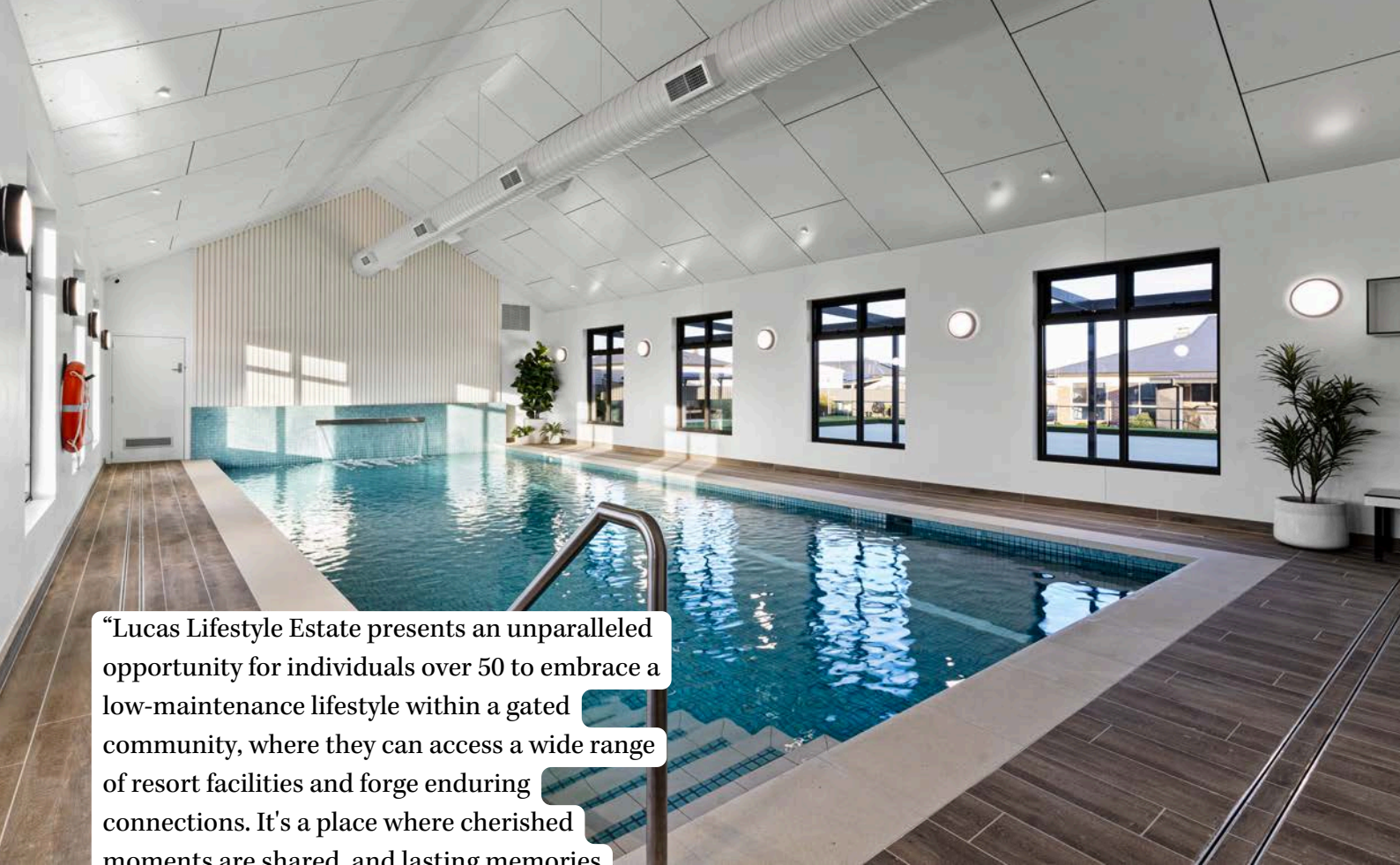
Strategically located minutes from the heart of Ballarat, the estate harmonises the allure of this historic town alongside modern conveniences and a lively community spirit. The unveiling of the Pavilion, alongside the recent transformation of the Country Club, marks the culmination of efforts to enhance the recreational precinct, fostering opportunities for social interaction, relaxation, and creativity among homeowners.

Rob Nichols, CEO of Serenitas, said, "The Pavilion represents a significant expansion of our recreational precinct and complements the recently upgraded Country Club. This milestone is particularly meaningful for our homeowners, who now have access to additional premier facilities, including an indoor heated swimming pool, a sports bar and hobby shed."

"Our mission is to foster a dynamic and inclusive community while enhancing the existing charms of the region," Mr. Nichols emphasised.

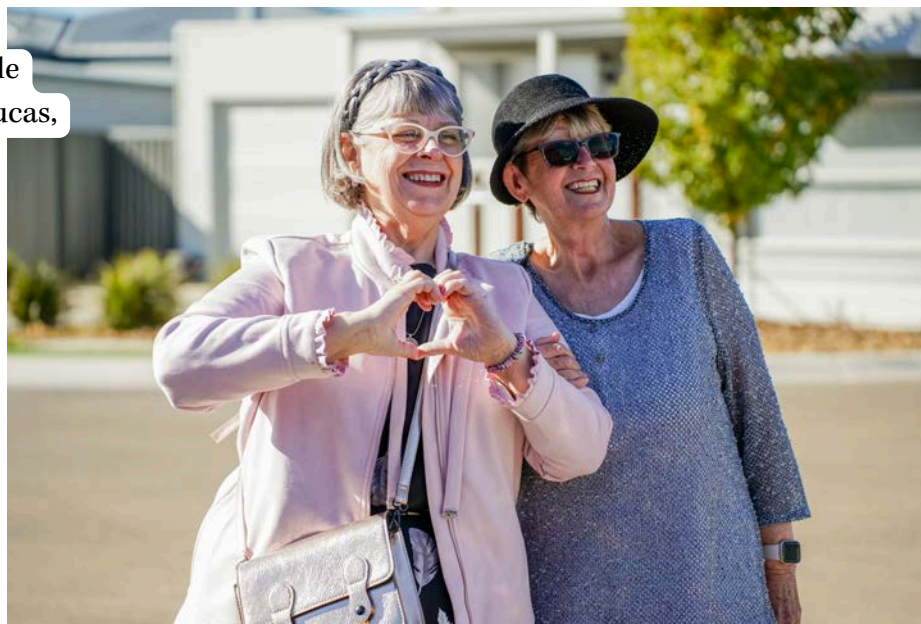
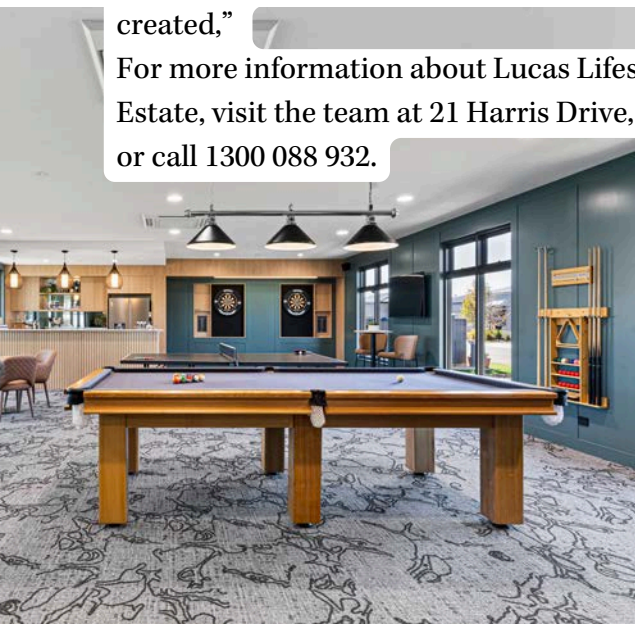
Beyond the Pavilion, the Country Club boasts a comprehensive array of amenities including a gym, fitness studio, coffee lounge, bar and dining space, BBQ area, library, cinema, bowling green, bocce court, and putting green, serving as a focal point for recreational pursuits and community gatherings.





“Lucas Lifestyle Estate presents an unparalleled opportunity for individuals over 50 to embrace a low-maintenance lifestyle within a gated community, where they can access a wide range of resort facilities and forge enduring connections. It’s a place where cherished moments are shared, and lasting memories created,”

For more information about Lucas Lifestyle Estate, visit the team at 21 Harris Drive, Lucas, or call 1300 088 932.







## Celebrating Success at Journey Lucas and Welcoming New Families to Journey Lucas Rise

At Journey Early Learning, we pride ourselves on our exceptional approach to education and care, creating a second home where children not only learn but thrive. Our curriculum is meticulously designed to ignite curiosity, promote exploration, and instil a love for learning from the earliest years. Our dedicated educators nurture each child, recognising the significance of every developmental milestone.

We are delighted to announce that Journey Lucas has reached full capacity, a testament to the trust and satisfaction of our families. This achievement highlights our unwavering commitment to providing a warm, inviting atmosphere where families feel welcomed, and children feel secure.

Choosing the right childcare is one of the most important decisions parents make, and at Journey Early Learning, we ensure transparency, communication, and partnership with families every step of the way. Our success at Journey Lucas underscores our dedication to these values.

While Journey Lucas is fully booked, we are excited to offer spaces at our nearby Journey Lucas Rise Centre. Located just 50 metres down the road, Journey Lucas Rise upholds the same standards of excellence that our families have come to expect.

Why search further afield when excellence is right on your doorstep? We invite you to experience firsthand why Journey Early Learning is the perfect choice for your family. Book a tour at Journey Lucas Rise today and join us in creating a foundation for lifelong learning and success.

Congratulations to Journey Lucas on this milestone, and we look forward to welcoming new families to Journey Lucas Rise.”



Journey Early Learning Lucas Rise



# 50,000 Sandwiches Delivered

As always, Alfredton Rotary members have continued to work together to make a difference in our community.

Our Eatup Sandwich program reached a new milestone in May. We have now delivered over 50,000 sandwiches to local Primary Schools! Each fortnight, Year 7 & 8 students from Ballarat Grammar volunteer after school to make around 450 cheese sandwiches. These are delivered to 35 local and district schools where the staff freeze them ready for distribution when kids don't have any lunch.

We are really proud of this program, which we have been running since 2017 and couldn't do this without the support we have had from Eatup Australia, Woolworths who donate the bread, sponsorship each year from Nature's Cargo, the volunteers at Ballarat Grammar, other community volunteers and various grants.

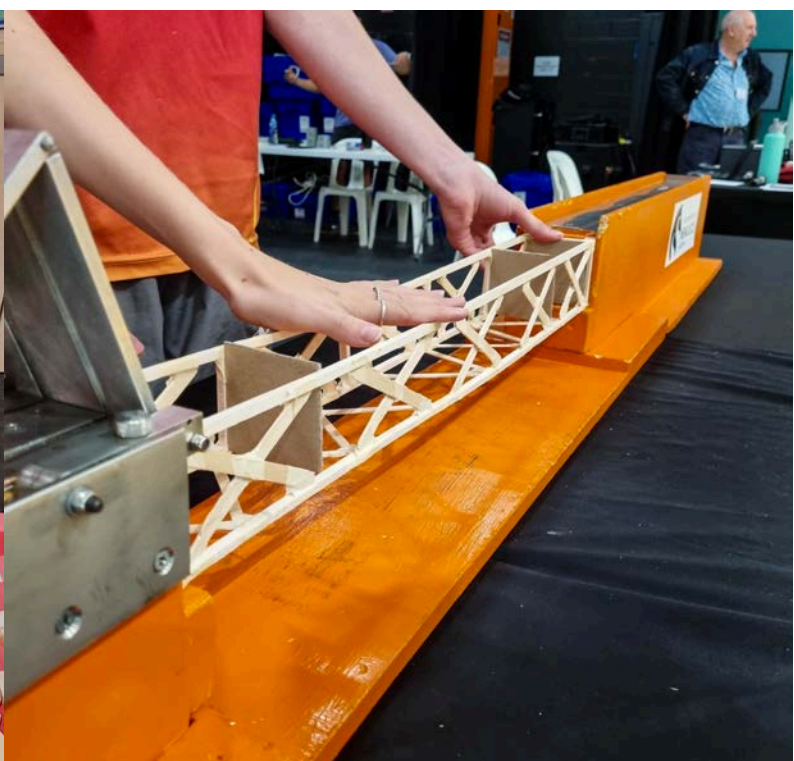
Unfortunately, we are faced with increasing demand for sandwiches as many families struggle to make ends meet, so we would welcome any financial support that our local community may provide to assist us with this vital program. Please contact us on [alfredtonrotary@hotmail.com](mailto:alfredtonrotary@hotmail.com) if you can assist.

In addition to Eatup, we have just combined with two other local Rotary Clubs (Ballarat West and Wendouree Breakfast) to host the University of Newcastle's Science & Engineering Challenge (SEC) at Federation University. The SEC pits teams of secondary students against each other to solve a number of scientific or engineering problems.

It sounds daunting, but all of the activities are hands-on applications of science or engineering principles, like bridge building, creating structures that will withstand earthquakes, working out the most effective way to connect various towns and utilities or creating robotic hands using straws and rubber bands!

A really interesting and different way for students in Yrs 10 and 9 to immerse themselves in STEM. Again we are extremely grateful to our sponsors, Federation University, Mercure Ballarat, The Rotary Community Op Shop, MKR Pro Engineering, Service Stream, Plinius Engineering, Integra, Gestalt Engineers, Bartletts, GTE Technology and Gekko Systems, all of who's support enabled us to fund the day free of charge to the participating schools.

Of course we have continued with other projects, both local, national and international – check out our Facebook page to see what we do, and send through a message if you'd like to get involved and give us a hand!







## From 'Wastamal' to 'The Safe Rhythm', these are some Crazy Good Ideas

On May 30th and 31st, 65 young people from Loreto College, Damascus College, and Mount Rowan Secondary College came together for a two-day Social Innovators program facilitated by Crazy Ideas College (CIC), hosted by Ballarat Tech School and enabled by Integra, Ballarat Isuzu, Ballarat Foundation, and Brophy Family & Youth Services.

On Day 1, students selected a passion topic related to various environmental and societal issues and formed teams with like-minded peers around these. Together, they brainstormed and developed crazy good ideas and finished the day building a prototype of their favourite big idea, which was carried forward. With a sense of pride about the progress made and some weary heads, there was a real buzz of excitement and anticipation of what tomorrow would bring.

Day 2 progressed swiftly as teams focused on creating achievable experiments to test their big ideas. Excitement filled the air as teams prepared to pitch their issue, big idea, and experiment to a panel of 14 community partners. The energy and dedication of the students was evident as they eagerly presented their projects, showcasing their passion and commitment to making a difference. As the partners shared what they loved about each idea and who in the community may be able to assist them in bringing it to life. Story continued over page.





The community partners included David Sanders from the Rotary Club, Domenic Commisso and Brydie Hamilton from Ballarat Isuzu, Inga Hamilton from Sustainability Victoria, Liam Gibcus, Marcos Chi and Owen Kew from Integra, Ricci Shepherd from the Ballarat Foundation, Alex, Tameaka and Sam from Ballarat Community Health, Michaela Beggs from Commerce Ballarat, and Michael Poulton from Committe 4 Ballarat.

The students' ideas ranged from "Wastamal," an innovative animal that consumes waste and transforms it into useful items for the community, to "The Safe Rhythm," a revolutionary jacket designed to uplift and support individuals with heart issues and communication challenges, particularly neurodivergent people.

The students received overwhelmingly positive feedback from the partners, with many teams being offered support and guidance in taking their Smart Start Experiment to the next stage of development.

CIC believes in providing opportunities for young people to explore their agency, creativity, and thinking in safe, collaborative spaces. The Ballarat Social Innovators Program certainly showed young people at their best, leaning into new possibilities, working with others to showcase their own and their peers' strengths, and thinking critically about big issues that matter. The educators, community partners, and CIC could not be prouder.

## Member for Ripon Martha Haylett MP

Right now, I know there are so many local families in Lucas struggling with the cost of living. For many, just purchasing groceries, paying bills or sports memberships, or going out for dinner is hard. But I want to assure you that I have heard you loud and clear – and so has the State Labor Government.

We want to do everything possible to ease the pressure on household budgets. That's why we're delivering practical support, including free kinder for every three and four-year-old – saving families up to \$2,500 for every child, every year.

We've also made TAFE courses, secondary teaching degrees, and nursing and midwifery degrees free too. And we've made V/Line fares cheaper by capping them at the metro rate – putting money back in the pockets of local families.

We're helping cover the costs of school with our breakfast clubs, support for uniforms, excursions, and books – as well as free dental care for kids through our Smile Squads. We've made car rego free for apprentices – saving them up to \$865 a year, and the cost of L and P plates free too.

We've also introduced the Victorian Veterans Card – saving local veterans hundreds of dollars every year with free trailer and caravan rego, free marine licences, fishing licence exemptions, \$100 off their vehicle rego, and more. For more information about State Government discounts, rebates, and savings all in one place, you can visit the Savings Finder website.



As always, you can also contact me for any assistance with state government issues. You can email me at [Martha.Haylett@parliament.vic.gov.au](mailto:Martha.Haylett@parliament.vic.gov.au), call the team on 5461 1255, or drop in at 177 High Street, Maryborough.



# National Tree Planting Day

Friday 26th July marked national tree planting day and Siena Catholic Primary School celebrated the occasion with a whole school planting session in a range of locations around the school grounds.

During the session over 200 plants and trees were planted. Tea tree, wallaby grass and acacias were just a few of the species of around 200 native plants that buddy classes planted in aid of caring for our common home.

A big thank you to Daniel from Ballarat City Council, Inga from Resource Smart Victoria, Sarah from DOBCEL, the Integra team (Victoria, Ben and Owen) and of course our hard working staff and students for adding to our school's native flora in order to improve our school's biodiversity.





# Lucas Waterways Tour

In April, Siena catholic Primary school took a tour of a different kind with integra engineers - on bike through the Lucas tracks and trails following the waterways and finishing by planting out 500 plants with our team of landscapers and completing their Art class within one of Lucas's sites of Cultural Significance.

In this site alone, over the past three years almost 1000 trees and plants have been planted by Siena Primary and Integra as part of a partnership.

Thank you to the staff and students at Siena Catholic Primary School, Lucas for taking part in such a great tour of Lucas's green spine. We all learnt that what we do in our backyard effects everyone downstream - so let's keep it healthy together!



## Integra's massive \$1M boost contributes to upgrades at Lucas Community Hub via Infrastructure Fund

Services continue to grow in a big way in Lucas with over \$2 million to be spent on expanding the existing two room kindergarten service at the Lucas Community Hub. Works are expected to be completed in 2025/26.

The Hub itself is open for Maternal and Child Health and immunisations as well as Library outreach and Storytime sessions held on Tuesdays from 10am– 12pm.



A modern lounge interior featuring a large wall with a dark blue, vertically-ribbed upper section and a white marble lower section. A large screen on the right displays a waterfall scene. In the foreground, there are several green, textured armchairs and two round white coffee tables with black frames. The tables hold white vases with yellow flowers and small black boxes with the letter 'VI'. A glass partition on the left shows a glimpse of another room.

# **Haircuts, Sausages & Lawn Bowls**

**Residents Celebrate their Brand New Facilities at Ingenia Lifestyle Parkside**



A grand opening event at Ingenia Lifestyle Parkside Lucas is always cause for celebration, but when it involves activities you can now enjoy right on your doorstep every day – then it really becomes a party.

Parkside Lucas residents, family and friends came together on Saturday 20 April to commemorate the grand opening of their new state-of-the-art Community Clubhouse and resort-style facilities, which features an indoor pool, gym, yoga studio, lawn bowls, outdoor BBQ area, indoor event spaces and even a hairdresser.

“We are absolutely thrilled to deliver these quality facilities for our residents to enjoy,” said Senior Development Manager, Jeet Parmar. “In any development, it’s an exciting milestone to reach the end of construction, but seeing the benefits these facilities provide for the community is even more rewarding.”

The grand opening event provided a festive atmosphere, with guests enjoying food trucks – featuring local Masterchef celebrity Tim Bone’s famous toasties – as well as a resident-hosted BBQ feast, entertainment, plus face painting and balloon twisting for the grandkids.

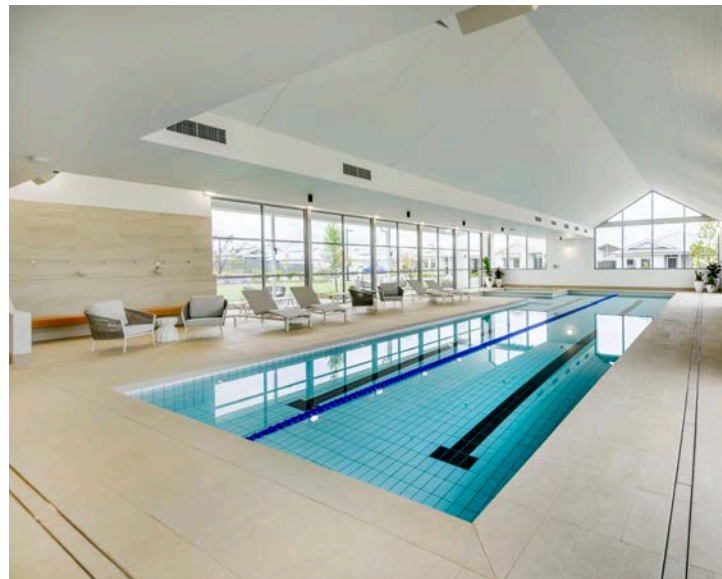
“It was such a joy seeing residents enjoying their new spaces,” said Community Manager Clare Irving. “Our community already comes together for events and activities, but these incredible new areas mean there’s dedicated spaces to enjoy, with more room to spread out, more to do, and more opportunities to connect.”

The new Community Clubhouse precinct enhances the vibrant community spirit of Parkside Lucas, and will be an exciting way for new residents to meet people as more homes are completed in the coming months.

“There’s been a real buzz around the place these last few weeks as the facilities got finished off,” said Clare. “And even though the Community Clubhouse area is now complete, there’s still plenty more going on, including more new home construction.”

To come and see our brand new facilities for yourself, reach out to Karen on 0467 946 339, or drop by our sales office Monday to Saturday 10am – 4pm.

We look forward to seeing you soon!





# A Tragic August Tale from our Avenue of Honour

As Blanche Caley was sending her three sons off to the Black Hill State School each day, she had no idea of the torment that lay ahead of her. Her boys each volunteered to serve in WWI, Charles with the Light Horse, Thomas with the Australian Flying Corps and Henry with the Infantry. Henry was first to enlist in April 1915, and in mid-June he embarked for Egypt. Blanche received a card from him dated August 5th, in which he advised he was approaching Gallipoli as a reinforcement for the 14th Battalion. She subsequently learned that he was listed as absent without leave, in Egypt, from July 30th 1915, and it appeared he had abandoned his mates and avoided service at Gallipoli. Blanche heard nothing further from him and was emotionally torn between the belief that Henry was a shirker and the thought he was still alive and might make contact with her.

In February 1919, after the war, Henry was officially deemed to be an illegal absentee and was dishonourably discharged from the AIF. Around this time, prompted by a letter from one of Henry's mates, Blanche wrote to the Secretary of Defence, seeking further information. In late 1921 a formal enquiry was undertaken, and evidence was taken from several men who had been with Henry in Egypt. Three of the witnesses reported having spoken with Henry Caley on Gallipoli on August 6th, and further evidence revealed that the 14th Battalion 'had the misfortune to lose all its records covering the first few months of the campaign'. The Enquiry concluded that Caley was with his battalion at Gallipoli on August 6th, and in January 1922, more than six years after receiving Henry's card, Blanche was formally advised he 'has now been adjudged to have been killed in action on 6-7/8/1915'. Henry Caley's reputation, and his mother's pride, had been restored.

Blanche had endured six years of anguish, embarrassment, uncertainty and grief, with the single bright spot being that her other sons, Charles and Thomas, returned safely within a week of each other in July 1919.

In 1923 Blanche received Henry's Memorial Plaque and Scroll, and he is commemorated on the Australian War Memorial Roll of Honour, at tree 632 in the Ballarat Avenue of Honour and on the Black Hill State School Honour Board. His name was added as an addendum to the Australian National Memorial at Lone Pine, Gallipoli.



Henry's plaque outside the Windmill Holiday Park

## Community Room Hire

Are you looking for a space to run a community event or hold a meeting for your community organisation?

The Lucas Community Hub has two bookable community spaces. For more information, terms and conditions, and how to book head to <https://www.ballarat.vic.gov.au/lucas-community-hub-booking>



# What would I like to do when I grow up?

Words by Linda McDonald

Would I like to be an architect, environmental scientist, agronomist, or a doctor or physiotherapist, or someone who works in construction, in interior design, or who works with animals, like a veterinarian? These are the questions many young students think about as they contemplate their futures.

Once again, this year, Loreto College students in Year 10 explored the world of work by taking a week off school to discover the joys of full-time employment. They each identified industries that appealed to them and sought their own employment to allow them to gain this valuable experience. This year we saw students working in a vast number of industries including, agriculture, medicine, education, business, the Arts, design, real estate, hospitality, and sport.

Two students who have a passion for working with animals spent the week learning about and looking after and training horses at Mount View Park Equestrian, Buangor. Ava and Isabella, thoroughly enjoyed their time feeding, handling, and training a dozen horses. Ava is an aspiring Zoologist, who was keen to learn about caring for animals.

Isabella says she would one day like to be a veterinarian, looking after big and small animals. Their work experience at Mount View Park Equestrian under the guidance of Abbey is a small step towards achieving their career aspirations.

Loreto College is grateful to Mount View Park Equestrian and all the employers who gave their time and expertise to provide work experience opportunities to our students this year.



## Lucas Little Aths call out for volunteers

Lucas Little Athletics extends a warm invitation to anyone interested in joining our vibrant Lucas Little Athletics community as volunteer. No experience is required. Whether you have experience in athletics, coaching, administration, wanting to make friends in the community, or simply have a passion for supporting youth sports, there is a place for you at Lucas Little Athletics Club.

Your time and dedication will make a significant difference in the lives of our athletes and contribute to the positive atmosphere we are trying to build.

Join us in shaping the future of our community!

For inquiries or expressions of interest in volunteering, please feel free to email [pjenes@highview.vic.edu.au](mailto:pjenes@highview.vic.edu.au)



# Honouring Dad: Celebrating Father's Day after Losing him to Cancer

One of the most meaningful ways to cope with the loss of a father to cancer is to find ways to honour his legacy. This can take many forms, from creating a memorial in his name to participating in cancer research fundraisers or volunteering with organisations that support cancer patients and their families. By turning your grief into action, you can keep your father's memory alive and make a positive impact in the lives of others.

Donating to the Fiona Elsey Cancer Research Institute (FECRI) in your dad's name is an excellent way to ensure you're making a difference in the fight against cancer. Your contribution supports vital research aimed at finding a cure, providing hope for future generations. This act of giving not only honours your father's memory but also helps to create a lasting legacy of love and commitment to a world free from the pain of cancer.

Grieving the loss of a father to cancer is a lifelong journey. There will be moments of profound sadness, but there will also be moments of joy and healing.



*In Loving Memory*

**This Father's Day**

Donate in your dad's name to the  
Fiona Elsey Cancer Research Institute.



Your support helps fund vital research and provides hope for patients and families.

It is important to be patient with yourself and to allow yourself to feel the full range of emotions that come with grief. With time, support, and self-compassion, you can find a way to move forward while keeping your father's memory close to your heart. Remember, there is no right or wrong way to grieve. Each person's journey is unique, and it is okay to take the time you need to heal.

FECRI is a community supported organisation and relies upon the generosity of donors, corporate partnerships, events, grants from philanthropic and scientific bodies and bequests. Funding is required to ensure sustainable momentum of the research program.

FECRI is a Ballarat based organisation and your contributions remain local.

## Second Annual Lucas Art Show

Following the success of their inaugural Art Show last year, the residents of the Lucas Lifestyle Estate will be presenting their second exhibition over the weekend of 9th and 10th November. The inaugural event in September 2023 was extremely successful with more than 300 visitors over the weekend and sales of artworks in excess of \$8,000.

Forty four artists took part in the exhibition and over 100 pieces of art were on display. The 2024 exhibition will feature both art and photography and promises to be even more successful than last year!

For an entry form, or further information, please contact [lheartshow@gmail.com](mailto:lheartshow@gmail.com) or Facebook LLE Art Show







# Koori Yarning Circle

Lucas Primary have recently installed a Yarning Circle. This idea has grown from a Koorie Champion meeting with the schools Aboriginal families. A grant was awarded to the school to assist with building a culturally aware environment. The school also teamed up with Integra and Tyson White from TT Civil to have some local rocks delivered onsite for the seating. We look forward to the design being further developed over the years.

A Yarning Circle is a place to talk, share, discuss, educate and have a yarn together; a place to build respectful relationships and a space to enrich students' learning experiences. The school looks forward to having this space available to students in Term 3.



Lucas Primary Yarning circle



# The Library Outreach Service

Did you know Lucas now has library visits to the Lucas Community Hub every Tuesday 10am-12pm at 17 Coltman Plaza, Lucas.

The truck has eight trollies, featuring a variety of adult and children's materials including books, magazines, talking books and DVDs.

Residents can borrow and return Library items and can also request items from other Central Highlands Libraries and selected libraries across Victoria. We run a Wriggle and Rhyme session from 10.30am with stories and songs for pre-school aged children, running during school term. We have two laptops available for public use whilst the library is in session. Exceptions apply during extreme weather conditions. Please check the Community Hub website for more details.

Keep up to date with City of Ballarat Community Hubs! With a range of programs on offer, there is something for everyone.

Lucas Community Hub events page:  
<https://bit.ly/4bR1apv>



## Container Deposit Scheme comes to Lucas

A government initiative also known as the Victorian Container Deposit Scheme is being installed in Lucas by Coltman Plaza. On 1 November 2023 Victoria's container deposit scheme, CDS Vic, commenced. The scheme rewards Victorians with a 10-cent refund for every eligible can, carton and bottle they return.

The recycle vendor machine will be located in the green strip opposite Coltman Plaza shopping center at the end of the green strip closest to Vision Australia and should be completed mid August.

## Dorevitch Pathology in Lucas

Did you know you can get your blood tested right here in Lucas at Ballarat Community Health. Open weekdays between 8.30am and 3pm.

Lucas Community Hub email newsletter:  
<http://eepurl.com/iTKk4I>







# VISIT BALLARAT'S LARGEST DISPLAY VILLAGE

5 Blomeley Drive, Lucas

## Get Ready for Lucas Cricket Club's Junior Cricket Season 2024/25!

Lucas Cricket Club will be running junior cricket for all junior ages boys and girls, including Cricket Blasts this season, starting late October 2024.

Lucas Junior Cricket Program offering cricket to the following ages:

Cricket Blast ages 5-10, Under 11s, Under 13s, Under 14s, Under 15s, Under 17s

We offer coaching by accredited coaches, free registration for Under 11s, 13, & 14s, free hat for all and free uniform for some junior grades and loads of cricket fun. Our club also offers to our members and member families, - free physio and free mental health support amongst other programs.

Come join our family friendly club located at Military Drive, Victoria Park (off Sturt Street, Ballarat).



Early Registration  
available scan here  
or contact our Junior  
Cricket Coordinator on  
0411 528 475 for further  
information.







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